



**ROB DUBIN**

# A FRESH PERSPECTIVE ON LEADERSHIP, RESILIENCE, AND CHANGE

Rob is unlike any other Leadership Speaker today. With real-world experiences in adventure, resilience, and leadership, he delivers captivating stories and actionable strategies, engaging audiences while providing the tools they need to navigate change, build resilience, and lead effectively.

## Left for Dead: Resilient Leadership for Transforming Challenges into Triumphs.

In today's unpredictable world, resilience is essential for leadership. In "Left for Dead: Resilient Leadership for Transforming Challenges into Triumphs." Rob Dubin shares actionable strategies from his extraordinary real-world experiences.

Using his proven **"Purpose, Mindset, and Action" framework**, Rob equips leaders to navigate uncertainty, foster optimism, and lead with confidence. This interactive presentation offers practical insights to build resilience, inspire teams, and thrive in any environment.

### KEY TAKEAWAYS

- Strengthen resilience and thrive in uncertainty with proven real-world strategies.
- Apply Rob's **Purpose, Mindset, and Action Framework** to lead through change.
- Turn fear into confidence by focusing on solutions and optimism.
- Leverage servant leadership to build trust and empower teams.
- Adapt and lead effectively in volatile, uncertain, complex, and ambiguous (VUCA) environments.

## The Science of Human Happiness Rocket Fuel for Engagement- Kryptonite for Burnout

This program is designed for HR professionals and senior leaders who want strategies that actually work to address burnout, promote wellness and increase engagement. In this transformational talk, Rob Dubin tackles the root causes of disengagement and burnout, revealing what truly works to boost employee well-being and drive engagement.

Rob's interactive approach focuses on fostering happiness at work, which leads to healthier home lives and, ultimately, increased profitability. Attendees will leave with actionable strategies to create happier, more engaged teams, reduce burnout, and build a thriving workplace culture.

### KEY TAKEAWAYS

- Understand the core issues driving disengagement, burnout, and stress, and learn practical strategies to address them.
- Gain actionable insights into promoting employee happiness and wellness that positively impact both work and home life.
- Learn techniques to reduce burnout and stress, fostering a more sustainable and productive workplace.
- Discover proven methods to enhance employee engagement, leading to higher retention, stronger performance, and a more motivated workforce.

*Life-Changing! The BEST most inspiring engaging and raw speech I've heard yet Left this feeling like inventing a new me!*

**SARAH CRANEY • AUDIENCE MEMBER**



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## ROB DELIVERS

# CAPTIVATING STORIES, WITH ACTIONABLE STRATEGIES

Whether on stage or presenting virtually, Rob Dubin brings a fresh perspective to leadership, resilience, and change, rooted in his interactive style and extraordinary real-world experiences. His captivating stories, and proven strategies are drawn from decades of adventure and learning.



### Winning Hearts in the Workplace - A New Approach to Thriving Organizational Culture

In "Winning Hearts in the Workplace," Rob Dubin's insights come from his global adventures, studying happiness in over one hundred countries and cutting edge research on happiness to deliver practical, actionable strategies.

Participants learn the key sources of deep and lasting happiness and how to create it for themselves and those around them.

By investing in each other's dreams and goals, teams build trust, increase engagement, and foster a happier, more productive workplace — ultimately boosting retention, profitability, and turning employees into passionate advocates for your company.

#### KEY TAKEAWAYS

- Learn the sources of deep and lasting happiness, tailored to each individual's unique needs and preferences.
- Gain actionable insights into creating long-term happiness through a detailed framework that can be applied to both personal and professional life.
- Develop a compelling list of personal and career goals, along with neuro linguistic programming techniques to stay motivated and break through any fear.
- Strengthen team dynamics by fostering mutual investment in each other's goals and dreams, leading to greater trust and collaboration.
- Discover how happiness drives engagement, reduces turnover, increases profitability, and turns employees into passionate recruiters for your organization.



Wow! What a powerful story. Your story has inspired me to the core.

COLLEEN KILPATRICK



OMG I have goosebumps! So inspiring !! Amazing!! Thank you so so much !!

VIKTORIIA ADIGAMOVA

#### ABOUT ROB DUBIN

Rob Dubin, a seasoned adventurer and resilience expert, has spent decades learning from top CEOs, world-class athletes, and even US Presidents. As a former documentary filmmaker, he turned these insights into a success blueprint, building million-dollar businesses, setting aviation records, and sailing the world.

After surviving a near-death experience, Rob focused on understanding happiness, spending 17 years sailing to over 100 countries.

Now, Rob shares his blueprint through keynotes and workshops, helping leaders build resilience, foster optimism, and lead with purpose, equipping them with strategies for lasting success.

## ROB DUBIN HAS BEEN SEEN ON



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[www.robubin.com](http://www.robubin.com)

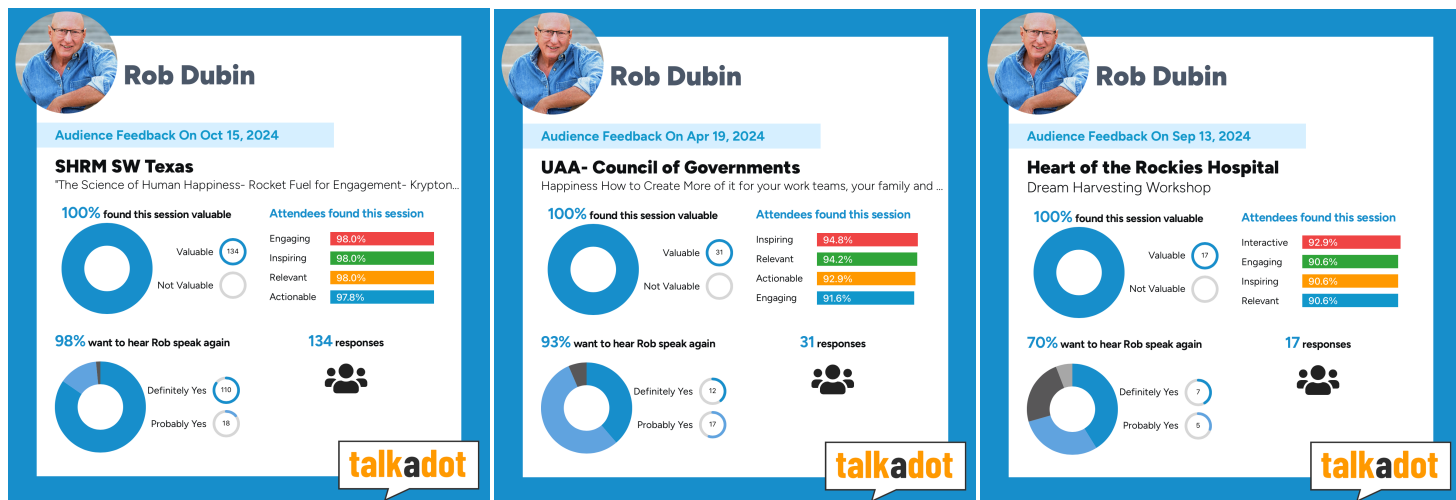
[rob@robubin.com](mailto:rob@robubin.com)



It's time to treat your organization's members to the same transformational keynote addresses already enjoyed by hundreds of attendees at association conferences or corporate events in Phoenix, Atlanta, Portland, Houston, Austin, Indianapolis, Seattle/Tacoma, So. California, Dallas and elsewhere.

Conference attendees around the US have said Rob's keynotes are Inspiring, Actionable and Life Changing. Watch Rob in action - [click here](#)

Ready to book Rob for your next conference - [click here](#).



- “ Was an inspiring and uplifting session that can be applied personally and professionally.  
**Joann Stevens**
- “ Great Session!  
**Brandon Webb**
- “ Optimistic and so uplifting!  
**Erika Travis**
- “ Positively life changing.  
**Christina Johnson**
- “ Best session of the conference. Extremely inspiring.  
**Reema Lamichhane**
- “ Great session first thing in the morning.  
**Michelle Lukes**
- “ Made really think about how I'm living my life.  
**Melanie Serrano**
- “ Very Inspiring and motivating.  
**Brigitte Farrell**
- “ Awesome need more like this.  
**Jami Paul**
- “ An amazing story telling experience that motivates and inspires beyond words.  
**Kyleigh One**
- “ Universally relevant, easy to understand, and incredibly engaging!  
**Seth Elgar**
- “ I want to go back to work and pass this along. It was very insightful. Thank you so much for this knowledge.  
**Chris Troxell**
- “ So nice to hear such a positive message! Rob's happiness spills over and is contagious!  
**Tiffany Gibson**
- “ The BEST most inspiring, engaging and raw speech I've heard yet. Left this feeling like inventing a new me! Thank you for the life changing speech Rob!  
**Sarah Craney**